

 **HAPPY** 
VALENTINE'S
 **DAY!** 




WITH LOVE FROM IMPACT!



FOOD & FLIPS AT IMPACT

FEB. 14 @ 12:30-1:30 pm

We will provide lunch and a pre-school gymnastic class! Your Valentine can try out bars, beam & floor events for free! Sign up that day for February classes!!

For ages 18 Months - 4 years!



FEB. 10 & 24
Friday Night Out from 7:30-9:30 pm
\$10 or \$15 w/pizza & drink
Parents Night Out from 7:30-10:30
pm \$15 or \$20 w/pizza & drink
Come join us & bring a friend!!



Cheer Prep classes to get ready for Try-outs are going on NOW! There are professional coaches on hand to make corrections and help with jumps, tumbling and motions!

Cheer Prep Classes are held on Monday Nights
Middle School: 7:00-8:00 pm
High School: 7:30-8:30 pm

Cheer Try-out Clinics
Will be held March 6-8, 2017
Mock Try-Outs with Corrections on the 8th!

Email or Call to attend a class or clinic!!!

Tumble classes available for all levels - \$75/month or \$12/class

*Open Gym with the BEST! Coach Eric will be hosting an open gym on
Wednesdays 7:30pm-9pm. \$5/members \$10/non members



Southern Cheer Power
National Champions!
Congratulations Level 1,
Eagles!!!

CHEER NEWS

Feb. 7: Need to know if level 3 athletes will be adding to level 2

Feb. 24: FALCONS last practice

Feb. 26: SE Dallas Competition



Congratulations Lauren St. Peter's for receiving the WOW Award at the DCC Nationals! You certainly WOW us !!!



LEVEL 6-9 GYMNASTS STARTING OFF THEIR COMPETITION WITH A BANG!

CHEERLEADERS ARE STILL GOING STRONG!

TNT AND TAAF TEAMS ARE DOING AWESOME JOBS AT THEIR COMPETITIONS!

Keep up the GREAT WORK!

Good Luck



GYMNASTICS NEWS



Feb. 1: Energize your big sister with her favorite drink!

Feb. 8: It's sweet to have you as a big sister!
Bring her favorite candy bar!

Feb. 14: Valentines Party! Bring a sweet treat and Valentine Cards after practice!



TNT & TAAF TEAMS

Every Monday in February, wear your spirit leo to practice!! Show your Impact Spirit!

Feb. 15: Valentines Party after practice!

TNT: Feb. 11: Mock Meet practice

TNT: Feb. 17-19: Trevino's Meet

TAAF: Feb. 25-26: Kurt Thomas Meet



ATTENTION ALL TEAMS !!!!

Picture day will be March 31 & April 1, 2017!



ALAMO CLASSIC



Makayla Cousins made her level 9 debut on vault and bars. She scored a 9.1 floor.



Alamo Classic Floor Champion, Lauren Smith 9.725



Karly Laughley Beam Silver Medalist at Alamo Classic 9.425

Sydney Orsak Floor Champion at Alamo Classic 9.85



SPRING BREAK Camps are coming soon!

\$120 half day: 8:30am -12pm

\$240 full day: 8:30am-4:30pm

Bring your own lunch

\$35 for a single day



