



FOOD & FLIPS AT IMPACT

FEB. 14 @ 12:30-1:30 pm We will provide lunch and a pre-school gymnastic class! Your Valentine can try out

bars, beam & floor events for free! Sign up that day for February classes!!

For ages 18 Months - 4 years!

FEB. 10 & 24 Friday Night Out from 7:30-9:30 pm \$10 or \$15 w/pizza & drink Parents Night Out from 7:30-10:30 pm \$15 or \$20 w/pizza & drink Come join us & bring a friend!!



Cheer Prep classes to get ready for Try-outs are going on NOW! There are professional coaches on hand to make corrections and help with jumps, tumbling and motions!

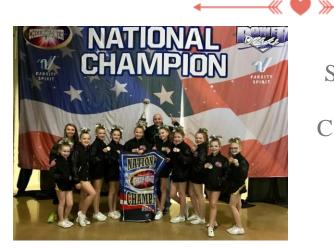
Cheer Prep Classes are held on Monday Nights Middle School: 7:00-8:00 pm High School: 7:30-8:30 pm

Cheer Try-out Clinics Will be held March 6-8, 2017 Mock Try-Outs with Corrections on the 8th!

Email or Call to attend a class or clinic !!!

Tumble classes available for all levels - \$75/month or \$12/class

*Open Gym with the BEST! Coach Eric will be hosting an open gym on Wednesdays 7:30pm-9pm. \$5/members \$10/non members



Southern Cheer Power National Champions! Congratulations Level 1, Eagles!!!

CHEER NEWS

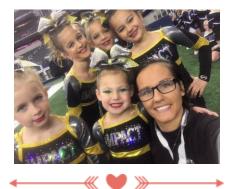
Feb. 7: Need to know if level 3 athletes will be adding to level 2

Feb. 24: FALCONS last practice

Feb. 26: SE Dallas Competition



Congratulations Lauren St. Peter's for receiving the WOW Award at the DCC Nationals! You certainly WOW us!!!



LEVEL 6-9 GYMNASTS STARTING OFF THEIR COMPETITION WITH A BANG!

CHEERLEADERS ARE STILL GOING STRONG!

TNT AND TAAF TEAMS ARE DOING AWESOME JOBS AT THEIR COMPETITIONS !

Keep up the GREAT WORK!





GYMNASTICS NEWS

Feb. 1: Energize your big sister with her favorite drink! Feb. 8: It's sweet to have you as a big sister!

Bring her favorite candy bar!

Feb. 14: Valentines Party! Bring a sweet treat and Valentine Cards after practice!

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TNT & TAAF TEAMS

Every Monday in February, wear your spirit leo to practice!! Show your Impact Spirit!

Feb. 15: Valentines Party after practice!

TNT: Feb. 11: Mock Meet practice TNT: Feb. 17-19: Trevino's Meet





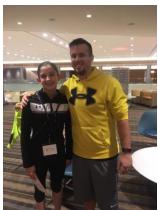
ATTENTION ALL TEAMS !!!! Picture day will be March 31 & April 1, 2017!

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Makayla Cousins made her level 9 debut on vault and bars. She scored a 9.1 floor.



Alamo Classic Floor Champion, Lauren Smith 9.725



Karly Laughley Beam Silver Medalist at Alamo Classic 9.425

Sydney Orsak Floor Champion at Alamo Classic 9.85



SPRING BREAK Camps are coming soon! \$120 half day: 8:30am -12pm \$240 full day: 8:30am-4:30pm *Bring your own lunch* \$35 for a single day

