



March 6-8 - Cheer Clinic w/ Mock try outs!
Middle School: 6:30-8pm
High School: 7:30-9pm
\$25 total OR \$10/day

Experienced coaches will be available to get you ready for try outs! Come practice jumps & tumbling!



Spend your Spring Break at Impact!
Call, email or visit our location to sign up!
8:30am-12 OR 1-4:30pm
\$120 half day: 8:30am -12pm \$240 full day: 8:30am-4:30pm
Bring your own lunch
\$35 for a single day

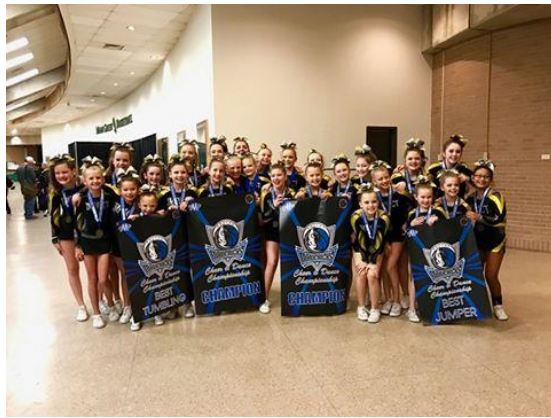


Open Gym/Parents Night Out Dates:
March 10 & 24!
7:30-9:30pm
\$10 or \$15 w/ pizza
OR
7:30-10:30pm
\$15 or \$20 w/ pizza

Dallas Mavericks
Champions!! ♥♥Way to go
Impact Cheerleaders!

Level 1 Eagles won 1st place
and Best Stunts!

Level 2 Ravens won 1st
place, Best Jumps and Best
Tumbling!



Spring Break Class and Practice Schedule

Normal classes Mon. 13, Tues. 14 &
Sat. 18th!

GYM IS CLOSED 15-17!

Enjoy your break!!

TEAMS

Gymnastics, TNT and TAAF:
Practice will be normal all week -

March 13-17!

Cheerleaders:

No practice!

ATHLETE OF THE MONTH!!



Congratulations Rebekah McCain! She is rocking every power tumbling competition this season! Keep up the great work!



Level 8, Brooklynn Clapp placed 3rd on vault (8.725), 2nd on floor (9.425) and 3rd All Around (36.05) at the Zenith Invitational!

Makayla Cousins, Level 9, placed 2nd on floor with a 9.25 in McKinney!

Great job girls! Way to make an IMPACT! ❤️

Lauren Smith placed 1st on floor (9.325), 2nd on vault (9.25), 3rd on bars (9.325), 2nd on beam (9.4) and 2nd all Around (37.3) at the Zenith Gymnastics Invitational! You're hard work is paying off!



Grace Edwards and Cate Cooper had their best level 7 meet at the Zenith

Gymnastics Invitational!

Grace Edwards:
Vault-9.05 5th
Bars-9.25 4th
Beam-9.275 4th
Floor-9.575 3rd
AA-37.15 4th

Cate Cooper:
Beam-9.3 3rd
All Around-36.25 7th



CHEER TRYOUTS

Mandatory cheer meeting for the 2017-2018 season in April 22nd at 10am-12pm.

Tryouts: April 29th, 3-5pm

Private cheer tryout sessions will be the week of April 24-28

Maryn Ward was the floor champion of level 6 with a 9.575! She also placed 4th on vault (8.9), 3rd on bars (9.3) and 3rd all around (37.15). Way to make an IMPACT!



COMING UP IN MARCH!!

Good Luck

TAAF: Richardson Heart & Soul
Competition - March 18-19!

TNT: Powerhouse Meet in San Antonio -
March 3-5 & Liberty Cup - March 24-26!

GYMNASTICS: Level 7 State - March 18-19 & Level 8 State - March
25-26!



All Teams:

Picture day is going to be in April, date is TBD! Stay
tuned for a detailed email!