

GYMNASTICS

Local gymnasts make a 'splash' at international competition

▶ Team travels to Bahamas to kick-off the 2014-15 season

Special to The Community News

Impact Athletic Training Center's levels 6-8 gymnastics team flipped its way to the 4th Annual Atlantis Crown Invitational held in Paradise Island, Bahamas Dec. 18-21.

The team faced more than 520 competitors representing three countries. In between sightseeing, exploring the world-famous Atlantis resort and team bonding, the girls competed in several sessions, with nearly every team member placing in at least one event.

Making the biggest splash was level 8 gymnast Makayla Cousins of Weatherford who received silver medals on floor exercise and beam, and bronze medals on bars and vault. Cousins also placed 3rd all-around.

"Makayla is Impact's very first level 8 gymnast to compete and we couldn't be more proud of her. She has worked tremendously hard all year and overcome injuries with such perseverance," said Sydnie Evans, team director.

Additional results include:

Level 6 -

Katie Lantz of Aledo tied for 2nd on floor exercise with a score of 9.7 out of 10.0 and also placed 7th on beam and 9th all-around

Kalee Mays of Aledo placed 8th on floor and 9th on vault

Lauren Smith of Weatherford placed 7th on floor exercise

Level 7 -

Abby Dodson of Fort Worth tied for 3rd on vault, 4th on floor and 5th on beam

Emily McSwain of Weatherford placed 2nd on floor exercise and 3rd on vault

Aubrey Miller of Aledo placed 7th on floor and 8th on vault

Jordan Prokell of Aledo placed



Impact Gym competitors pictured with Olympian Sam Mikilak include, back from left, Mallory Morris, Jordan Prokell, Emily McSwain, Aubrey Miller, Chloe Clark, Lauren Smith, Mikilak, Abby Dodson, Katie Lantz, Kalee Mays; and, front, Brooklynn Clapp, Leah Rogers, Coach Sydnie Evans and Makayla Cousins.

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7th on bars, 7th on beam and 8th on floor exercise

Leah Rogers of Aledo placed 5th on vault and 7th on bars

"We are very excited about this competition season. This is the hardest working group of athletes we've

had the privilege of working with and we are looking forward to seeing their hard work pay off," said Evans.

Impact gymnasts will next compete in the Alamo Classic in San Antonio Jan. 16-18, followed by the Metroplex Challenge at the

Fort Worth Convention Center Jan. 30-Feb. 1.

Impact Athletic Training Center is located at 100 Nu Energy Drive in Aledo and offers competitive and recreational gymnastics, tumbling classes, competitive cheerlead-

ing, competitive power tumbling and trampoline, a mom's day out program, mommy and me classes, camps, birthday parties and more. For more information call (817) 899-6681 or visit www.impactathletictc.com.



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