
IMPACT NEWS

Volume 2 / Issue 7 – July 14, 2015



DANCE CLASSES!

Sign-up for dance classes at Impact! Tuesdays 11:30 a.m. or 6:30 p.m. Ages 3+.

Classes include ballet, jazz, and hip hop. Tap will be added at a later date.



Some of Impact's power tumblers

Power Tumblers Headed to Nationals!

All of Impact's levels 5-7 power tumblers qualified for nationals and will compete in the national championships July 16-19 in Fort Worth. GOOD LUCK to **LILLY HAMILTON, BAILEY HILL, MACKENZIE HILL, LINDSAY MORGAN, and MIRANDA SAENZ.**

Go make an IMPACT!!!!

Impact's gymnastics team working hard this summer!

Impact's gymnastics team has been hard at work this summer with many gymnasts putting in nearly 30 hours per week of training! But, they have also squeezed in some summer fun with pool parties, slumber parties, and an outing to Splash Kingdom! Send your fun summer photos to lara.sanders@sbcglobal.net so you can be added to our travel board!



Level 4 sleepover fun!



Optionals team slumber party!



Texas USAG Banquet

Gymnastics team reminders!

Big sis/little sis dates:

- Wednesday, July 15 – quote and/or picture of their favorite idol
- Wednesday, July 22 – favorite drink and a clue about who you are
- Wednesday, July 29 – letter about overcoming a bad day and an encouraging note
- Friday, July 31 – matching candles; big sister reveal at Burger's Lake

Summer lunches

Team gymnasts may order Chick-fil-A lunches on Mondays & Wednesdays. Meals are delivered at 1PM. Please place orders by 9AM the day of delivery and provide exact change to the parent volunteer:

July 13 – OPEN
July 20 – Connie Cousins
July 27 – Stephanie Cruson
August 3 – OPEN

July 15 – Kristie Laughley
July 22 – Teresa Smith
July 29 – Suzi Prokell
August 5 - OPEN

IMPACT CHEER

Impact's cheerleaders have been working hard all summer! We are very excited about the upcoming competition season!! Come support Impact's cheerleaders at their **OPEN GYM fundraiser** on **Friday, August 21**.



Impact Cheer Camp



Gymnastics Team Party!

Burger's Lake

(1200 Meandering Rd. in
Fort Worth)

Friday, July 31

1:30-5:00 p.m.

\$10 entry fee

Please bring one food item
for lunch.



Level 2 choreography day



Impact Cheer Car Wash Fundraiser



Level 1 choreography day