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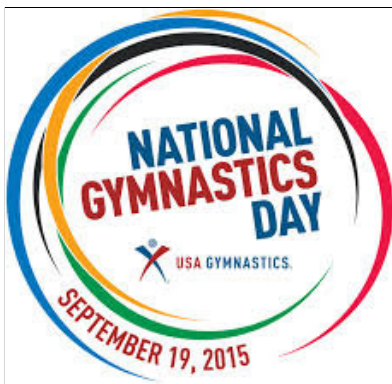
PARKER COUNTY DAILY★POST

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MONDAY | December 7, 2015 12:47pm CST

We have 168 guests online

Impact Athletic Training Center celebrates National Gymnastics Day with Community Event on Saturday



(PCDP)

(09/15/2015)

ALEDO - On Friday, Mayor Kit Marshall issued a Mayoral Proclamation for National Gymnastics Day on behalf of Aledo with Impact Athletic Club owner/coach Sydnie Evans. Coach Evans also announced that Impact Athletic Training Center will join gymnastics clubs across the world on September 19 to celebrate this year's National Gymnastics Day. The club will have

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a community open gym fundraiser benefiting the Aledo Advocats from 1:00 p.m. to 3:00 p.m. The cost is \$10 per child plus a new package of adult-sized socks or underwear to be collected at the door and donated to the Aledo Children’s AdvoCats. Attendees who register at the event will receive free classes for the rest of September.

Gymnastics clubs globally will participate in a variety of activities, including cartwheel-a-thons, open houses, fitness activities and play days, to build awareness of gymnastics and its benefits. Many clubs will use the event as a means to extend opportunities for underprivileged children to participate in the sport, while also providing the opportunity to apply for a grant from the Nastia Liukin Fund.

The Impact Athletic Training Center opened in Parker County in 2013 and relocated to 100 Nu Energy Drive in Aledo last November. More than 350 athletes are currently enrolled at Impact, including 90 who are active in competitive gymnastics, power tumbling, and cheerleading teams.

“Impact wants to share our passion about gymnastics to all children in the area by celebrating National Gymnastics Day, a movement that seeks to encourage fair play, respect, perseverance, and good sportsmanship,” said Evans. “Come support a good cause and see why we are making an impact on our local community!”

USA Gymnastics is the national governing board for the sport of gymnastics. The organization encourages clubs nationwide to celebrate National Gymnastics Day to raise awareness of the sport and help others in their local communities. The Nastia Liukin Fund builds partnerships with fitness-oriented programs for young people and aids athletes who need financial assistance to remain, or become involved in, gymnastics.

Impact Athletic Training Center offers competitive gymnastics, power tumbling, and cheerleading teams, recreational classes, private lessons, camps, birthday parties and more. For more information please visit www.impactathletictc.com (<http://www.impactathletictc.com>) or call (817) 899-6681 (tel:%28817%29%20899-6681).



The Aledo Children's AdvoCats is a non-profit organization of women committed to raising charitable funds to help fulfill and aid unmet needs of children and their families in the Aledo area. Established in 2002, the AdvoCats have donated more than \$675,000 to the community. 100% of money raised through fundraisers is used toward charitable efforts, such as medical expenses, clothing, living expenses, wheelchairs, dental care, school supplies, counseling and more. AdvoCats is a non-exclusive organization, and all women are welcome to join. For more information visit www.aledoadvocats.com (<http://www.aledoadvocats.com>).



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