

# IMPACT GYMNASTICS TRAINING CENTER

AGES 4-10,  
\$120/SESSION

## Summer Camps



### JUNE 1 – JUNE 5TH

**8am-12pm: Life of a College Gymnast**

(ages 5-15) Athletes will train like college competitors, with skill-focused coaching, choreography sessions, and mindset training led by four college gymnasts.

**12pm - 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### JUNE 8 - JUNE 12TH

**8am - 12pm: Ninja Training (ages 4-10)**

Kids will test speed, agility, and endurance with fun obstacle courses. Each day brings new challenges and competitions!

**12- 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### JUNE 15 - JUNE 19TH

**8am - 12pm: In a Barbie World (ages 4-10)**

Features one hour of gymnastics plus fun Barbie-themed activities and crafts for a magical, pink-filled experience!

**12- 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### JUNE 22 - JUNE 26

**8am - 12pm: Ninja Training (ages 4-10)**

Kids will test speed, agility, and endurance with fun obstacle courses. Each day brings new challenges and competitions!

**12- 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### JUNE 29 - JULY 3RD

**8am - 12pm: Party in the USA (ages 4-10)**

Includes one hour of gymnastics plus fun USA-themed activities and crafts for a red, white, and blue celebration!

**12pm - 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### JULY 6-10TH

**8am - 12pm: Olympic Games Begin (ages 4-10)**

Features 45 minutes of gymnastics along with creative, team-based sports and games for an action-packed Olympic-style experience!

**12pm - 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### JULY 13-17TH

**8am-12pm: Swiftie Camp (ages 4-10)**

This camp is packed with T-Swift fun—crafts, karaoke, a photo booth, and a special dance performance!

**12- 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### JULY 20-24TH

**8am - 12pm: Ninja Training (ages 4-10)**

Kids will test speed, agility, and endurance with fun obstacle courses. Each day brings new challenges and competitions!

**12- 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### JULY 27 - JULY 31ST

**8am - 12pm: Disney Princess Gala (ages 4-10)**

A magical week of royal fun! Campers will enjoy dress-up, crafts, princess training, and a special dance performance!

**12- 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

### AUGUST 3-7TH

**8am-12pm: Competitive Gymnastics**

Athletes will train alongside team coaches on all four apparatus, emphasizing strong fundamentals, advanced skill development, technical precision, and competition preparation.

**12pm - 4pm: Wear My Child Out (ages 4-10)**

Nonstop movement with obstacle courses, action-packed games, and fun gym challenges that keep kids active all day!

**Camp Add-On: Cookie Decorating Kit (\$10)** Available Friday for morning camps only. Includes a themed cookie decorating kit and step-by-step instructions for campers to decorate and enjoy!

**VISIT [IMPACTATHLETICTC.NET](http://IMPACTATHLETICTC.NET) TO ENROLL**